

2015 BREAKOUT SESSIONS AT A GLANCE (Draft)

Nov. 5, 2015 THURSDAY	FEATURED SESSIONS	CLINICAL MH & INDIVIDUAL TRAUMA ACADEMY	ETHICS & LEGAL ISSUES ACADEMY	COLLEGE & CAREER ACADEMY	SCHOOL COUNSELING ELE/MIDDLE	SCHOOL COUNSELING MIDDLE/HIGH	GRADUATE STUDENTS NEW COUNS ACADEMY	MILITARY COUNSELING ACADEMY	SUBSTANCE ABUSE ACADEMY	*RETIRED INTEREST SESSIONS
Nov. 5, 2015 EARLY BIRD Thursday 7:30 – 8:15	100A <i>Significance of Spirituality in Counseling & Psychotherapy: Implications for Mental Health Counselors</i> Dr. Daya Singh Sandhu				100B <i>An Interactive Demonstration of Yoga and Mindfulness in the Classroom</i> Tanay Moore Abby Murdock				100C <i>Elimination of Euphoric Recall with The Counting Method</i> Margaret B. Johnson	
Sessions 101 - 112 Thursday 8:20 – 9:10	101 <i>Teen Anxiety: An Epidemic Sweeping the Nation</i> Raychelle Lohmann	102 <i>Complimentary Approaches to Counseling</i> Dr. Stacy Springston; Dr. Annette Abel; Dr. Holly Abel 103 <i>Counseling Grieving Children and Families</i> Jodi Allen	104 <i>Add a Pinch of Moral Foundations Theory to Ethical Decision Making for Better Results</i> Dr. Virginia T. Holeman	105 <i>CTE Offers Opportunities for a Lifetime</i> Leslie Slaughter; Dr. Ken Talley	106 <i>Scribble Art: Art, Storytelling, and Meaning Making</i> Dr. Kristin Douglas 107 <i>Branding Matters! How to Develop A 5-Star Counseling Program that Everyone Wants to Support</i> LTanya White	108 <i>Supporting Students who Identify as Trans</i> 101 Jack F. Jacobs 109 <i>Collaborating Through Statewide Outreach: Ky3C</i> Dr. Dan Connell *Parking Lot – <i>College Info Road Show</i>	110 <i>Know You Matter</i> Dr. Kathryn A. Russ; Gail A. Grenzig	111 <i>Mental Health Professionals Advocating for Veterans</i> Dr. Mary Bemker & Richard Holladay	112 <i>Pain and Addiction: The Perfect Storm</i> Dr. David Maynard	Select A Session
Sessions 201 – 212 Thursday 9:20 – 10:10	201 <i>Teen Sexual Trauma</i> Raychelle Lohmann	202 <i>Barriers and Burnout in Rural Counseling</i> Ashley Nicole Brooks; Jan Parker 203 <i>The Counseling Relationship in an Era of Accountability</i> Dr. Richard S. Balkin; Quentin Hunter; Katelyn Gosnell; Joseph Case, C. J. Ward	204 <i>When Supervision Gets Sticky</i> Janet Barnes; Dr. Jeff Parsons	205 <i>Hooking Up is the New Dating: Here's What You Need to Know About the College Hookup Culture</i> Dr. Jan Anderson	206 <i>SCHOOL COUNSELORS ARE LIKE TEA BAGS: You Never Know How Strong they Are 'Til they Get in Hot Water!</i> Leslie C. Dunn 207 <i>Bridging the Gap: Involving the Black Family in School</i> Roneshia Evans	208 <i>Supporting Students Who Identify as Trans</i> 201 Jack F. Jacobs 209 <i>Student Support Services Team</i> Andrew Thomas; Mary Ann Tackett *Parking Lot – <i>College Info Road Show</i>	210 <i>Maximizing Your Potential as a Graduate Student!</i> Dr. Susan Patterson	211 <i>Families in Transition within the Military and into Civilian Life</i> Dr. Mary Bemker; Richard Holladay	212 <i>Working Effectively with the Resistant / Relapse Prone Client</i> Geoff Wilson	Select A Session
10:30 – 11:30		GENERAL	SESSION	IN	TAYLOR/ WHITLEY (2 nd Floor)					
11:45-1:00		LUNCHEONS	KSCA Poolside Exhibit Hall	LPCC/LPCA CORONET A/B		Crowne A Exhibit Area BOX LUNCH				

Sessions 301 – 312 Thursday 1:10 – 2:00	301 <i>Making It Count: Solution-Focused Brief Counseling Interventions for Youth</i> Dr. Joshua Stanley	302 <i>Working with Kentucky Medicaid</i> Veronica Judy Cecil 303 <i>Trust, Openness, Respect and Intimacy in Relationships</i> Dr. Larry Sexton; Lindsey Brown; Brandt Briggs 304 <i>Before We Say Goodbye: Three Innovative Group Termination Activities</i> Dr. Susannah Coaston	305 <i>KACES Panel of Issues in Supervision</i> Dr. Imelda Bratton; Dr. Rebecca Pender; Dr. Brett Zyromski	306 <i>Working with Clients of Appalachian Culture</i> Dr. Kathryn Russ; Dr. James Hightower	307 <i>Tips for Treading Faster: Easy Organization Tips to Help Keep Your Head Above Water</i> Lisa Kimbrell; Lesa May	308 <i>Supporting LBGTQ Students</i> Autumn Reece; Jack F. Jacobs 309 <i>Keep Your Students in School and move them toward graduation with ACT Engage.</i> N. Lynn Hunley ACT Kentucky *Parking Lot – College Info Road Show	310 <i>Making Sense of Social Justice in the Counseling Profession</i> Joshua Elliott; Lauren Downey	311 <i>The Use of Visual-Kinesthetic Dissociation as Treatment of Post-Traumatic Stress Disorder</i> Dr. Edwin W. Gunberg	312 <i>Counseling Approaches for the Client with Co-occurring Disorders – Part 1</i> Geoff Wilson	313 <i>Retiring Happy, Wild, and Free!</i> Melanie Broughton
Sessions 401 – 413 Thursday 2:10 – 3:00	401 <i>The Mystery of Initiative</i> Dr. Gary L. Patton 402 <i>Non-Suicidal Self-Injury in Teens: Recognizing, Preventing, and Intervening</i> Dr. Josh Stanley	403 <i>Triadic Supervision: Best Practices and Implications for KY Counselors</i> Dr. Ken Engebretson; Eef Fontinez 404 <i>Working with the Culturally Diverse...</i> Dr. Cheryl P. Wolf; Dr. Dawn Garrett Wright; Dr. Saundra Starks	405 <i>How to Provide Family Inclusiveness and Maintain Confidentiality</i> Dr. Mary Bemker; Richard Holladay	406 <i>Student Wellness: Integrating Mindfulness in Mediating Role Conflicts</i> Tamera Fenton, Aaron Meriwether 407 <i>Career Counseling with People of Appalachia</i> Amber Hughes	408 <i>Best Practices Regarding Memorials During Times of Crisis in the Schools</i> Bethanie Brogli Opell; Penny Mills	409 <i>NCAA Initial Eligibility Rules 101</i> Matthew Banker; Lauren Rust 410 <i>Conducting Adventure Based Groups in the School Setting</i> Dr. Imelda N. Bratton; Ethan Bennett; Caleb Harper *Parking Lot College Info Road Show	Select A Session	411 <i>Sculpturing Relationships in the Family</i> Dr. Larry Sexton	412 <i>Counseling Approaches for the Client with Co-occurring Disorders Pt. 2</i> Geoff Wilson 413 <i>They Tried to Make Me Go To Rehab: Alternative Approaches to Recovery</i> Dr. Susannah Coaston; Hannah Russell	Select A Session
Sessions 501 – 513 Thursday 3:10 – 4:00	501 <i>Mind Over Matter: Psychological Barriers to Seeking Mental Health Counseling in Appalachia</i> Dr. Melinda Mays; Dr. Nicole Schnopp-Wyatt; Dr. Gary Patton	502 <i>An Introduction to Adlerian Psychology</i> Dr. Jill Duba Sauerheber 503 <i>The Science of Happiness</i> Dr. Maurice McCormick 504 <i>Eye Movement Desensitization and Processing (EMDR)</i> Janet Vessels	505 <i>LPCA Supervision in 2016: Changes, Implications and Strategies for Kentucky Supervisors</i> Dr. Ken Engebretson; Dr. Kim Naugle; Karin Van Horn	506 <i>Career Tools for Counselors: Activities for Exploring Career-related Issues with Clients</i> Dr. Cheryl P. Wolf; Patricia Satterwhite 507 <i>Unbridled Careers: A New ILP Component</i> Pamela Gabbard; Jennifer Smith	508 <i>Hurdles to Clear for Small Group Counseling</i> Julie Bowman; Carol Lockard 509 <i>What Counselors Do to Help Thrive</i> Dr. Tracy Inman	510 <i>WE GOT SKILLS – Round 2</i> Stephanie Curl; Vanessa Poteet 511 <i>Planning & Implementing Effective Strategies for Secondary School Counselors</i> Kelly Caldwell; Doug Grider *Parking Lot College Info Road Show	512 <i>Success Motivation of Non-traditional First-Generation Counseling Graduate Students in Appalachia</i> Dr. Susan Patterson	Suggested Sessions: 501 503 512 513	513 – <i>Substance Abuse, Behavioral Health and the Family</i> Wayne Hoffman	Select A Session

Sessions 601 – 612 Thursday 4:10 – 5:00	601 <i>Counselor, Tend Thyself: Self Care among KCA Members</i> Dr. Stephen P. Stratton; Dr. Janet B. Dean	602 <i>Trauma Focused Cognitive Behavioral Therapy: Multicultural Applications</i> Lauren Downey; Joshua Elliott 603 <i>Put Down the Controller! Let's Play</i> Kathryn Blair Plymale 604 <i>Wow, I feel good! I knew that I would!</i> Jeannie Cox	605 <i>Advanced Ethics in Supervision: "Times – They are a Changing"</i> Dr. Ken Engebretson; Dr. Kim Naugle; Cheryl Ramey	606 <i>Customizing your Counseling Career: A Guide to finding your ideal work setting</i> Dr. Cheryl P. Wolf; Lexie Sheucraft	607 <i>Implementing a School District Suicide Prevention Program</i> Michelle Sircy; Joe Bargione	See 607 608 <i>Freshman Transition to High School</i> Jaime Goldsmith 609 <i>Bridging the College Access Gap with KHEEA Outreach</i> Tyler Powers *Parking Lot <i>College Info Road Show</i>	610 <i>Sexual Assault: An Andragogical Evaluation of Skills in Crisis</i> Tiffany Brannon	611 - <i>The Immediate and Long-Term Effects of being Exposed to Excessive Trauma</i> Dr. James E. Hightower; Dr. Kathryn Russ	612 <i>Heroin: A Community Disease</i> Dr. Mary Bemker & Richard Holladay	Select A Session
5:00 - 5:15	CROWNE A	Exhibit	Hall	Prize	Drawings		Silent	Auction		
5:20 – 6:45 Meetings		KMHCA Meeting TBA 5:20 – 6:00		KACES TBA 6:05 – 6:45	Big Sandy TBA 6:05 – 6:45	4th District TBA 5:20 – 6:00	KSCA Ex. Committee TBA 5:20 – 6:00	KAMCD TBA 6:05 – 6:45		
9:00 – 11:30	Coronet A/B	Social Event & Networking	Live Music! Radiotronic							
Nov 6, 2015 FRIDAY	FEATURED SESSIONS	CLINICAL MH & INDIVIDUAL TRAUMA ACADEMY	ETHICS & LEGAL ISSUES ACADEMY	COLLEGE & CAREER ACADEMY	SCHOOL COUNSELING ELE/MIDDLE	SCHOOL COUNSELING MIDDLE/HIGH	GRADUATE STUDENTS NEW COUNS ACADEMY	MILITARY COUNSELING ACADEMY	SUBSTANCE ABUSE ACADEMY	
Nov 6, 2015 EARLY BIRD FRIDAY 7:30 – 8:15	<i>700A identifying Alzheimer's in the Elderly</i> Hannah Coyt	<i>700B Trauma Counseling: Eastern vs Western International Approaches</i> William Mitchner; Dr Rebecca Pender								
Sessions 701-712 Friday 8:20 – 9:10	701 <i>Demonstrating Reality Therapy: Practical Uses (Part 1)</i> Dr. Robert E. Wubbolding	702 <i>The Face of Child Human Trafficking in Kentucky</i> Deana Raney; Nikki Hanshaw 703 <i>Exploring the role of emotions, lifestyle, and a psychology of use in interpersonal relationships: A</i>	704 <i>Group Counseling Supervision and Outsider-Witnessing</i> Jamie L. Brant; Logan Vess	705 <i>Understanding Apprenticeships as a Career</i> TRACK Mary Taylor	706 <i>Violence in American Schools: Practical Guidelines for Counselors</i> Dr. Daya S. Sandhu; Patrice McCarter; Aaron Meriwether	707 <i>Mindfulness Based Life Skills: Integrating Mindfulness Practice into Middle School & High School Health Class, Advisory, or Counseling Programs</i> Shelly Sowell	709 <i>Dating Violence: An Exploration of working with teens/youth</i> Tiffany Brannon	710 <i>Seizures; Symptoms That Mirror Mental Health Conditions</i> John L Mustain	711 <i>Engaging Rural Clients with Substance Abuse Concerns through Use of Motivational Interviewing</i> Darlene Vaughn	712 <i>What Happened to My Retirement in the 2015 Legislative Session</i> Becky Niece; Janie Caslowe

		<i>Holistic Exploration</i> Dr. Jennifer Williamson; Dr. Daniel Williamson; Jennifer Milburn; Shameka Sells				708 <i>OPGES for School Counselors (Part 1)</i> Amy Jacobs; Jennifer Smith KDE				
Sessions 801-813 Friday 9:20 – 10:10	801 - <i>Demonstrating Reality Therapy: Practical Uses (Part 2)</i> Dr. Robert E. Wubbolding	802 – <i>Adult Non-Suicidal Self Injury</i> Caitlyn McLeish; Maddie Punch 803 – <i>Medical Based Counseling: An Intern’s Perspective</i> Bryan Purcell	804 – <i>Enhancing Racial and Gender Equities Through Prejudice Reduction</i> Dr. Sandhu	805 – <i>Empowering and Equipping Academic Recovery Students for Academic and Career Success</i> Elizabeth Cole; Jeffrey Hicks 806 <i>Free Counselor Access: Needs/Solutions for Post Secondary Success</i> Panel Presentation: Student Voice Team & Rachel Belin; KHEAA, U of L; Jefferson Co. Schools;	807 – <i>From EMS to IEP: Helping Students, Teachers, and Parents Cope with TBI</i> Eddie Reynolds	808 – <i>OPGES for School Counselors (Part 2)</i> Amy Jacobs; Jennifer Smith KDE 809– <i>SB 200 and Kentucky Juvenile Justice Reform</i> Kristie Stutler	Select A Session	810- <i>Complex Trauma and PTSD</i> Dr. Jason Bluemlein; Jennifer Werries	811 – <i>The Prevalence of Gambling Problems in Kentucky: Women and Adolescents</i> Dr. RonSonLyn Clark; Dr. Curtis L. Barrett 812 <i>Introducing Abstinent Members into Suboxone Counseling Groups</i> Dr. Kathryn Russ; Jason Jones	813 - <i>I’M STILL STANDING AFTER ALL THIS TIME – The Joy of Aging!</i> Leslie Dunn
10:30 – 12:00		Awards Brunch	In	CROWNE A						